

Swallowtales  
Midlem  
TD7 4QB

Scottish Borders Council  
Planning Department

10/01/2022

Dear Sirs/Madam,

I am writing in full support of The Fitness Refinery and Daina MacFarlane's change of use planning application.

Since The Fitness Refinery started, I have been going to classes there three/four times a week. This has been an absolute god send for me, both physically and mentally. Daina has supported us all through the pandemic, not just over the last year but also during lockdown using online classes.

What makes The Fitness Refinery so special is sense of community and support offered by all the members attending classes. Daina has created a gym with a fantastic atmosphere for all abilities and nobody feels out of place. It is no coincidence that many of the members have been going to Daina for a long time, having her our own gym where we can continue to progress under Daina has been fantastic. A few of the members are new to fitness and have stated that this is the only place they would feel comfortable exercising.

The gym is very central and easy for us to get to with good parking facilities. The premises were pretty run down before Daina took over and has made an enormous difference to the area.

I would urge you to please grant Daina planning permission and allow us to continue using the gym at Unit C, Whinstone Mill, Netherdale in Galashiels.

Please don't hesitate to contact me on [REDACTED] should you have any questions

Yours faithfully, [REDACTED]

David Nichol